

This inspiring and informative 1.5 hour workshop is facilitated virtually by Kerry Cavers, Founder & President of [Moms Against Racism Canada](#). With compassion and bravery, Kerry invites parents to identify and dismantle racism around them, root out racist biases within them, and actively commit to learning how to raise anti-racist children.

Kerry meets participants where they are in their anti-racism journey, and leads them through a thought-provoking session covering:

- ▶ What is Moms Against Racism?
- ▶ Housekeeping, Ground Rules
- ▶ Kerry's personal story and why she does this work
- ▶ Definitions of relevant fundamental concepts
- ▶ How to Raise an Anti-Racist Child
 - ▶ Anti-Racist Parenting
 - ▶ Shift Your Thinking
 - ▶ SEEK to be the Change
- ▶ Questions & Answers

Questions can be submitted ahead of time via email or can be posed via chat (anonymously if desired) or live during the session.

A worksheet is provided so participants can actively follow along, take notes, capture insights, and document commitments throughout the session. Additional resources are also provided following the workshop.

About your facilitator:



Kerry Cavers (she/her) is a seasoned Community Builder and the Founder of Moms Against Racism (Canada). Kerry is a mixed race, polynational descent, cis-gender woman who identifies as Black. She is a mother to 3 young children under the age of 8; two of whom are white presenting and one who is Black presenting. Born on the traditional territories of the Lekwungen peoples, now known as Victoria, BC, Kerry grew up with her white mother, in a predominantly white area, disconnected from her Black and Cherokee heritages. She created MAR Canada to bring Moms and those in mothering roles together in a mutual aid movement to fight systemic racism together.

HOW TO RAISE AN ANTI-RACIST CHILD: WORKSHOP OUTLINE

About Moms Against Racism Canada

Our mission is to educate our members in anti-racism, cultural competence, and decolonization so they have the tools and support to dismantle racism within themselves, their families, and their communities.

We believe we have the power to change the world through the relationships we build with “our” children. We have the power to shape the next generations. We have the power to end racism where it starts - in the home.

MAR defines “mom” or “mothering roles” as adoptive, chosen, foster, surrogate, biological, birthing, non-binary, LGBTQ, godmothers, grandmas, aunts, educators, care providers, and all those who feel that the term “mothering” describes the roles they take on, either in unpaid or paid work.



About our Diverse Book Basket program:



Educators, parents, caregivers - all of us - need diverse books in our classrooms and homes to help teach children antiracism, cultural competency, and decolonization. But not everyone can afford to diversify their library. To meet this need, the MAR Canada Education Advocacy Team has curated a basket of ten diverse books, per grade level, and are delivering them to classrooms and families across Canada.

Baskets can be sponsored for \$100, purchased for \$125, or requested/nominated at no cost. Visit our website for more information on [our Book Basket program](#) including printable resources to present to Parent Advisory Councils.

Where to Find Us:

- Website: www.MomsAgainstRacism.ca
- Events: www.MomsAgainstRacism.ca/Events
- Email: Info@MomsAgainstRacism.ca
- Private Facebook Group: [Facebook.com/groups/MAR1Canada](https://www.facebook.com/groups/MAR1Canada)
- Facebook Page: [Facebook.com/MAR1Canada](https://www.facebook.com/MAR1Canada)
- Instagram: [@MomsAgainstRacism](https://www.instagram.com/@MomsAgainstRacism)